

COURSE SYLLABUS

Academic Year 2025 - 26, Semester – [Fall / Spring]

GED 205 – Psychology for Everyday Life

1. COURSE INFORMATION

Course Title:	Psychology for Everyday Life		
Course Code:	GED 205		
Course Credit:	3-0-3		
Contact Hours:	Lec [45 Hrs], Lab/Non-Lec [0 Hrs] Total: 45 Hrs		
Course Pre-requisite(s):	LNG 172		
Course Co-requisite(s):	None		
Course Category:	University Requirement (GE):	✓	Program Requirement:
Course Type:	Compulsory:		Elective: ✓

2. FACULTY INFORMATION

Instructor Name:	This section will be filled at the time of offering of course.
Lecture/Lab Timings:	
Office Location:	
Office Hours:	
E-mail:	
Office Telephone:	
Course Website:	Course Website on Moodle

3. COURSE DETAILS

3.1 Course Description

An introduction to concepts and principles of selected areas of psychology and their applications to daily living. The aim is to foster students' understanding of the self and its interactions with the environment. Topics include: research in psychology, basic neuro-psychology, theories of learning, memory, motivation, development, intelligence, health, and social psychology.

Course Learning Outcomes (CLOs) and Alignment to GE Learning Outcomes (GELOs)

On successful completion of this course, the student will be able to:

Course Learning Outcomes (CLOs)		GELOs
CLO 1	Identify the main theoretical models of behavior; explain how they shape the view of human behavior.	1
CLO 2	Describe and discuss the purpose of psychological research in the advancement of science.	5
CLO 3	Define and explain selected concepts and principles of psychology.	3
CLO 4	Apply selected concepts and principles of psychology to one's own personal life.	1

4. TEACHING SCHEDULE

Week No.	Topic Covered in Class	CLOs	Reference/ Course Material	Course Assessment (Please specify if the assessment is out-of-class)	
				Assignment Type	Due Date*
1	Introduction to Psychology	1, 2	TB: CH 1		
2	Biology and Behaviour	3, 4	TB: CH 2 RB: CH 1	Research Discussion	
3	Sleep and Consciousness Nature vs. Nurture Paper Assigned	1	TB: CH 4 RB: CH 43		
4	Learning	3	TB: CH 5 RB: CH 11		
5	Memory	4	TB: CH 6	Research Proposal Review	
6	Cognition, Language, Intelligence	3, 4	TB: CH 7 RB: CH 20		
7	Child Development	3, 4			
8	Adolescence and Adulthood	3, 4,5		Midterm Exam	
9	Motivation and Emotion	3, 4, 5	TB: CH 9		
10	Health and Stress	3, 4, 5	TB: CH 12 RB: CH 48	Research Overview –In Class	
11-13	Theoretical Models	1, 2, 5			
14	Social Psychology	3, 4	TB: CH 10 RB: CH 29		
15	Course Review				
16				Final Exam	

*Due date will be included at the time of the offering of the course.

5. TEACHING PEDAGOGY

This course will be studied by lecture with class interaction. The course session includes clarifying perceptions, problems solving, and discussing the associated issues. This course will primarily utilize a blended learning approach that comprises of the following:

- Lectures
- Discussions
- Assignments (Research Project)
- Exams

6. TEXTBOOK/REFERENCE BOOK/COURSE MATERIAL

Textbooks (TB):

- Wood, S., Green, R., Wood, E., & Desmarais, S. (2011). The world of psychology. Pearson Publishing.
- <http://nobaproject.com/textbooks/louise-lambert-discover-psychology-a-brief-introductory-text> (Online textbook)

Reference Book (RB):

Butler-Bowen, T. (Ed.). (2017). 50 psychology classics. Nicolas Brealey Publishing.

7. LEARNING RESOURCES

Course website on Moodle contains class announcements, lecture notes, homework assignments, etc.

8. COURSE ASSESSMENT AND EVALUATION

The information concerning the appropriate distribution of grade weight amongst various assessment items and their corresponding linkage with the stated CLOs is provided in the following table.

Assessment Items	Grade Weight	Course Learning Outcomes (CLOs)			
		1	2	3	4
Research Paper	40	✓	✓	✓	✓
Midterm Examination	25	✓	✓	✓	
Final Examination	35	✓		✓	

9. ASSESSMENT METHODOLOGY

Research Summaries (First – 5%): Select an academic article on Psychology from the library databases. Summarize the articles (1 page) and answer the following questions about the study (1 point each):

- Who were the participants?
- How did the researchers obtain their data?
- What was the hypothesis (what were they trying to test)?
- What were the results? (what did they find)?
- What could be improved?
- Relevant article, and Article reference (must be in APA7 format – no exceptions).

Research Summaries (Second – 5%): Select an academic article on Psychology – specifically related to psychology and university students, this could be anything from mental health to memorization, etc. - from the library databases. Summarize the articles (1 page) and answer the following questions about the study (1 point each):

- Who were the participants, & how did the researchers obtain their data?
- What was the hypothesis (what were they trying to test)?
- What were the results? (what did they find)?
- What could be improved?
- How does this relate to your own experience as a university student, or the experiences of your peers?
- Relevant article, and Article reference (must be in APA7 format – no exceptions)

Nature vs. Nurture Paper (10%): Pick one side of the “Nature vs. Nurture” argument - Write a 1500-word argumentative research essay in favor of the side you have selected, by presenting academic ideas and studies that support your argument. Requires 5 academic sources, with a clear thesis statement, and completed with proper grammar, APA7 citations and standard research paper presentation (title page, reference citations, reference page).

Final Paper (20%): 2800 words, + or – 200 words (before references), with at least 10 academic sources. Students will write a research paper on one of the psychology topics covered in the course – selected earlier in the semester (Other topics may be selected with instructor’s approval).

The paper must contain a clear thesis statement. The paper should be completed with proper grammar, APA7 citations and standard research paper presentation (title page, reference citations, reference page). A detailed rubric will be provided to students.

Note: Assignments will not be accepted beyond seven days past their due date. The Final Paper will not be accepted late. All late submissions of graded assignments are subject to a penalty of reduced marks, up to 25%

Midterm Examination (25%): The midterm examination covering the course topics in the first half of the course. Students will receive an overview in-class before the midterm and can expect to be tested on key concepts in the form of multiple choice, short answer, and long answer question styles.

Final Examination (35%): The final exam is given at the end of the semester during the examination period which is announced by the Registrar's office. It is a comprehensive exam which deals with the entire course material. However, more emphasis is usually placed on the material covered after the mid-term exam.

10. COURSE REQUIREMENTS AND POLICIES

The students are required to fully understand and observe the following policies of the university.

10.1 Attendance Policy

Attending classes is compulsory in all courses. CUD Students will not be allowed to take the final examination if they are absent for 25% or more of the classes in a course. (Students should refer to their respective Department or School/Faculty for additional specific program-related information.)

- a. When a student has been absent for 10% of the course an absence reminder would be sent by email.
- b. When a student has been absent for 20% of the course a second absence reminder would be sent by e-mail
- c. When a student has been absent for 25% of the course a notice of Failure for Non-Attendance will be sent by email and grade "FA" with Grade Point of 0.0 will be awarded.

A student with a verifiable and legitimate reason for missing a class (e.g., hospitalization) may request his instructor not to count such an absence towards the 25%. Such excusable absences must be noted in the Course File Attendance Report.

Should an acceptable explanation for a student's absenteeism be available, the Dean/Designated Representative of the Faculty concerned may consider the student's withdrawal without penalty from the particular course. A withdrawal without penalty or any other alpha grade under these circumstances may only be considered with the consent of the Registrar.

10.2 Incomplete Work Policy

Students whose course work is at a passing level but who for verifiable reasons beyond their control are unable to finish course work by the end of a term (or the specified end of a course) may be granted a grade of "Incomplete".

The "I" is not intended to be a permanent grade. It is only a temporary acknowledgment of a legitimate reason for granting a one-time, limited extension to the time normally allowed to complete all course requirements.

Students have up to 12 calendar months after the scheduled end of the course to complete required additional work as determined by the teacher who assigned the “I”, and to thereby qualify for a passing grade.

After 12 calendar months, outstanding “I” grades are converted to “F”.

Thereafter, the student must repeat the course in order to achieve a passing grade.

The number of “Incomplete” courses allowed per semester is established by the School. Please contact the School for further information.

NOTE: An Incomplete grade for a pre-requisite course must be completed before the student is allowed to proceed to the higher-level course unless otherwise approved by the appropriate Academic Administrator (Dean or Designate).

10.3 Academic Integrity

Cheating refers to attempting or using unauthorized materials or obtaining unauthorized assistance in an academic activity, including all types of examinations or evaluations. This may include impersonating another student; looking at another student’s materials; using unauthorized notes/books/calculators; talking to other students; using communication devices such as mobile phones or any Bluetooth devices.

Plagiarism includes, but is not limited to, representation of others’ work, lending unauthorized assistance, and using strategies or processes with the aim of attaining dishonest grades on tests or examinations. Students may not submit any material created by or acquired from another person or business. Plagiarizing any type of course work will not be tolerated. All instances of plagiarizing shall be documented, presented to the Head/Dean of the program and to the Registrar, and recorded in the student’s file. The maximum permissible similarity index limit is 20% for the assignments required to be submitted through Turnitin.

Any violation of the academic integrity policy is a serious offence which will be sanctioned as per the Academic Integrity Policy published in the Student Handbook. Please refer to the Catalogue for further information on student Academic Integrity.

11. GRADING SYSTEM

The University uses the relative grading system which is based on a four-point scale. An overall grade will be assigned on the following grading scale.

Percentage Score	Alpha Grade	GPA Points	Percentage Score	Alpha Grade	GPA Points
90-100	A+	4.0	60-64	C	2.0
80-89	A	3.8	55-59	D+	1.5
75-79	B+	3.5	50-54	D	1.0
70-74	B	3.0	0-49	F	0.0
65-69	C+	2.5			

The students must also read and comprehend the full version of the “Grading System” of the University which is published in the relevant Catalogue.

12. GRADING RUBRICS FOR ASSESSED ELEMENTS

Not Applicable

13. VERIFICATION

(i) I verify that the contents of this document are up to date.

Instructor's Name and Signature

Date

(ii) I have reviewed this course syllabus and state that it complies with CUD policies and guidelines.

Name and Signature of Department Chair/Program
Coordinator

Date

Note: *This page of the course syllabus is only for the purpose of documentation and therefore it should not be distributed to the students.*