



Your portal to Canadian education





MEET AND GREET

Canadian University Dubai is excited to welcome you to our community! During the meet and greet, you will receive your welcome pack and your orientation schedule. You will meet your Student Peer Mentor, who will be with you throughout your orientation experience. This is also where you meet the rest of the group you will be spending most of your orientation time with. This is where friendships start!

WELCOME ADDRESS

We are confident that by now you are feeling part of our University Community! During the Welcome Address, you will meet your University President, Chancellor, Dean of First Year Students, and your Student Council President.



ACADEMIC AND PREPARATORY WORKSHOPS

For the remainder of the Orientation, you will be following the Orientation Schedule provided to you in your welcome pack and guided by your Peer Mentor. Here is information about the different Workshops and Sessions.

ADJUSTING TO UNIVERSITY LIFE

DURATION: 1 HOURPresenter: Sanaa Tahan

During this interactive session, you will be introduced to key differences between School and University, and discover which support structures are available to help you navigate through these areas.

- Develop your understanding of the differences between School and University including the following:
 - a. More freedom and flexibility but also more responsibility.
 - Differences in teaching styles and the associated study skills required for academic success.
 - c. Differences in testing and grading procedures.
 - d. English as the language of instruction.
 - e. The benefits of these changes.
- 2. By the end of this workshop you will have gained important tips on how to help yourself adjust. As such, the workshop touches on the importance of:
 - a. Time management, good study habits and problem solving.
 - b. Assertiveness and emotional intelligence.
 - c. Healthy lifestyles and relaxation techniques.
 - d. Engagement in college activities and seeking help when you need it.

TECHNICAL ABC'S

DURATION: 1 HOUR

The Canadian University Dubai makes use of a variety of technological platforms to communicate with students, for students to access their own academic information and for students to be able to access important course materials. This interactive session aims to get you off to the right start!

Presenter: IT Dept. Representatives

Presenter: Osaid Azeem

OBJECTIVES

- By the end of this session, you will have familiarized yourself with all of the technical platforms used in the University:
 - a. The University Website
 - b. The Student Portal
 - c. Student Email
 - d. Moodle
- 2. You will have developed knowledge and confidence in accessing the University Internet and be able to download your emails
- **3.** You will have developed knowledge of which technical platform to you need to access to obtain different types of information, such as your up-to-date student schedule, and your online learning materials.
- **4.** You will understand the rules and regulations surrounding appropriate, responsible and ethical use of your University's Technology.

GET SOCIAL

DURATION: 1 HOUR

Our students are key to our social media presence, and actively engaging with us online is a great way for you to stay connected and share your experiences with fellow students both on and off campus! This session aims to get you talking!

OBJECTIVES

- By the end of this session, you will have familiarized yourself with all of CUD's Social Media channels:
 - a. Facebook
 - b. Snap Chat
 - c. Twitter
 - d. Moodle
- You will understand the rules and regulations surrounding appropriate, responsible and ethical participation with your University's social media channels.

ACADEMIC ABC'S

DURATION: 1 HOURPresenter: Registration Department

Understanding all the intricacies of your academic journey at CUD is essential to ensure you not only start on the right foot, but remain on the right path and complete your degree with ease!

- By the end of this session, you will have a good understanding of all the important concepts relating to your academic journey:
 - a. TGPA and CGPA, how these are calculated, the progression policy and what the requirements are to remain in good academic standing.
 - b. How grades are calculated, what a typical grading rubric looks like and how to interpret it.
 - c. What is a transcript and a degree audit, and how to understand the information these provides.
 - d. How to identify courses for the next semester.
 - e. Where to find information relating to your academic advisor.
 - **f.** Where to find the academic calendar and important dates relating to registration, such as add and drop periods, withdrawal periods and financial implications of withdrawing late from a course.

ADVISING AND REGISTRATION SESSION

DURATION: 1 HOUR Presenter: Your Advisor

Finding your way through your study plan can be a daunting task as a new student. If you have not yet registered for courses, your advisor will take you through the process of selecting and registering for courses. If you have already registered for courses, you can review the courses that you have chosen with your advisor at this time, to ensure you are on the right path. Whilst other students meet with your advisor, the peer mentor majlis will be running concurrently, to ensure you are able to ask additional questions you might have.



MENTOR MAJLIS

DURATION: 1 HOUR Presenter: Your Peer Mentor

This session is all about administrative housekeeping! Your mentor help you check what you have done so far and what you may still need to do.

- 1. By the end of this session, you will have checked your status on the following:
 - **a.** Admission requirements have you submitted all the required documentation, what is pending and by when do you need to submit it?
 - **b.** Visa related requirements the status of your health insurance, where to go for CUD arranged health insurance, and what happens if you do not obtain your health insurance?
 - c. Contact information check the number on your student portfolio to which University sms's will be sent and ensure you have a valid emergency contact number on file.

- 2. You will have gained useful information relating to :
 - a. Your student ID card where, when and how will you be able to get your student ID, and what do you need it for?
 - b. Your up-to-date schedule where can you get your schedule for to be ready for the first day of University, and how often should you check your schedule in the first few weeks?
- **3.** Provide you with an opportunity to ask any questions which have come up along the line and clarify things you are not sure of.

Are you coming from abroad? See also the International Majlis session described in the "From Abroad to Onboard" stream.

FACULTY ORIENTATION

DURATION: 1.5 HOURSPresenter: Your Faculty

It's time to meet and greet your Dean, Head of Department and Professors. During this session you will leave your Orientation group and join all the students who have entered into the same Faculty. Here you will be oriented to the program you chose, and will have an opportunity to clarify all academic matters which you are still curious about!

STUDENT'S RIGHTS AND RESPONSIBILITIES

DURATION: 1 HOUR Presenters: Dr. Nora Barson | Liesel Elges

This one is not fun, but important! Having a good grip on all the important policies on campus ensures you are able to avoid unnecessary pitfalls.

- 1. By the end of this session, you will have had a thorough overview of:
 - **a.** The attendance policy and the consequences of absence, where to go and what to do if you are having attendance issues or missed an exam, and in which ways you can/ cannot be supported.
 - b. The Academic Integrity Policy how cheating and plagiarism is defined at

the University, exam rules and regulations, and project rules and regulations.

- c. The Student Code of Conduct discuss the professional, personal and ethical standards and values which govern our day - to -day interactions.
- **d.** The Student Grievance Policy and Procedure learn more about your student rights, and avenues open to you when you need support.
- e. The Student Disciplinary Policy and Procedure understand the process that is followed when there is a violation of the student code of conduct.

STRESS. PERSONALITY AND UNIVERSITY

DURATION: 1 HOUR Presenter: Liesel Elges

Any major life transition is inevitably stressful. People are very different in the way that they deal with stress and pressure, and this depends, to a big degree, on a couple of qualities in our personality. Whether you are good at dealing with stress and pressure, or not that great at it, the good news is that there are ways in which we can learn to do it better. How do YOU deal with stress and pressure? Come and find out!

OBJECTIVES

- 1. Define stress and examine the difference between good stress and bad stress.
- 2. Understand the qualities that are linked to our way in dealing with stress.
- 3. Consider how these qualities are likely to impact on our University experience.
- **4.** Explore ways in which we can strengthen our qualities to improve our stress response.

THE FUN PART!

A BIG part of our plan for your Orientation is to provide interesting and fun opportunities for you to learn about your environment and the student life you can expect here at CUD. Our aim is to help you truly become a part of the CUD community.

Whilst all of our workshops and sessions include hands on activities, ice breakers and opportunities for you to get to know your cohort better, some things are best when they are just for fun:



EXPLORER 101

Discover your new campus - not the way you might expect! We are not revealing our secret just yet, but we know you will enjoy the experience!



CHAITEA GARDEN

This is a CUD student favorite! Enjoy the wonderful January weather whilst indulging in Chai Tea and Tim Horton's doughnuts. A great way to socialize with your new friends!



GET INVOLVED INFORMATION FARE

Whether you are into health and fitness, sports, humanitarian work, designing robots that do all sorts of interesting things, are a serious academic looking to transfer to Canada or simply like to sing and dance, you've come to the right place. The information fare will tell you everything you need to know about the student activities available to you on campus, and you can sign up right there.



SURVIVOR CUD

Do you have a competitive streak? Sign up your team of 10 to compete against another 5 teams in 3 competitive outdoor exercises which will test your collective skills and test your critical thinking skills. Word of caution – prepare to get wet!

*By the way, spaces are limited so first come; first serve.... and yes, of course there is a prize for the winning team!



ALL FOR ONE AND ONE FOR ALL - CUD 2017/2018 INTAKE

Make your mark - pass by for our CUD 2017/2018 photo collage, marking your first week in University with all your fellow Newbies.



FRESHER'S PARTY AND ARTS NIGHT PERFORMANCE

Congratulations! You have successfully completed the Orientation program. All that's left to do is celebrate! To officially inaugurate our Newbies, we are putting on quite a show. Our CUD Arts club is staging a show you will not forget, and if you are into performing arts, we invite you to get right onto the stage – poetry, music, dance... your talent, your choice! What's for dinner? A home-grown traditional CUD BBQ! Don't miss this event!

SPECIAL STREAM: FROM "ABROAD TO ONBOARD"

Not from the UAE? We are offering a number of workshops for our newly arrived International students to help you assimilate and acclimatize with ease. Don't worry, these will be informative but fun!

UAE CUSTOMS AND CULTURE

DURATION: 1 HOUR Presenters: Dubai Cultural Center

During this session, you will get a fun and entertaining overview of common myths and the actual cultural realities of UAE Nationals, learn a bit about UAE history and get some insight into UAE customs.

UAF LAWS AND REGULATIONS

DURATION: 1 HOUR Presenter: Dubai Police

Different country, different rules! Attend this session to ensure you are aware of crucial laws and regulations to ensure you do not unintentionally get into some unnecessary hot water!

INTERNATIONAL MAJLIS

DURATION: 1 HOUR Presenter: Various

As mentioned above, your Peer Mentor will talk you through the many important administrative checkpoints. Particularly of importance to you will be visa and health insurance related information, as well as who your point of contact is on campus should you need any support or assistance.

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www.cud.ac.ae

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